

# Horn Park School

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**Executive Head** Michelle Bernard  
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5<sup>th</sup> June 2026

## Year 6 SRE Lessons

Dear Year 6 Parents and Carers,

This half term, children in Year 6 will undertake learning in the SRE (Sex and Relationship Education) aspect of the RHE (Relationship and Health Education) curriculum. Within this subject, children learn a range of aspects related to growth and development as they enter adult life.

**Please find below the outline of the scheme of work that teachers follow:**

### **Lesson 1: Puberty and Reproduction**

**Learning Intention:** To consider puberty and reproduction

**Learning Outcomes:**

- Describe how and why the body changes during puberty in preparation for reproduction
- Talk about puberty and reproduction with confidence

### **Lesson 2: Communication in Relationships**

**Learning Intention:** Exploring the importance of communication and respect in relationships

**Learning Outcomes:**

- Explain differences between healthy and unhealthy relationships
- Know that communication and permission seeking are important

### **Lesson 3: Families, Conception and Pregnancy**

**Learning Intention:** To consider different ways people might start a family

**Learning Outcomes:**

- Describe the decisions that have to be made before having children
- Know some basic facts about conception and pregnancy

## **Lesson 4: Online Relationships**

**Learning Intention:** To explore positive and negative ways of communicating in a relationship

### **Learning Outcomes:**

- Consider when it is appropriate to share personal/private information
- Know how and where to get support if an online relationship goes wrong

We would encourage you to engage with your children at home about these very important topics alongside us teaching the concepts at school.

All aspects of this curriculum became statutory from September 2021, except the lesson regarding how babies are made including intercourse (Lesson 3). **This is the only lesson parents can opt out of.**

As a school we feel that this subject is an extremely important one in order to inform our children of how to live a healthy life and stay safe in the community. Children learning and discussing the changes they experience during puberty, alongside gaining awareness of how relationships and consent work, provides children with knowledge and context to support their development as responsible members of society.

If you wish to opt your child out of the sexual intercourse content of this curriculum, please complete [this form](#) **by midday on Friday 12th June**. Please do speak to us if you would like any further information.

Kind regards,

Miss Blogg & Miss Lazell