

Horn Park Primary School

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Headteacher Jack Green

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16th September 2026

Supporting Common Behaviour Difficulties at Home Workshop

Dear Parents and Carers,

We are pleased to invite you to our **Supporting Common Behavioural Difficulties Workshop**, led by practitioners from the **Greenwich Mental Health Support Team (MHST)**. The MHST provides early intervention support for children and young people experiencing mild to moderate mental health difficulties.

This workshop is designed to help parents and carers develop a greater understanding of children's behaviour, explore some of the factors that can contribute to common behavioural challenges, and learn practical strategies to support children positively and effectively.

The session will also provide an opportunity for parents and carers to share experiences in a supportive environment and strengthen positive relationships with their children.

Workshop Details:

Date: Wednesday 30th September

Time: Refreshments available from **9am** - the workshop will run from **9:15am to 10:30am**
Tea and coffee will be provided.

We hope you will be able to join us for this informative and supportive session. Please report to the school office on arrival. If you have any questions, please do not hesitate to contact me.

Yours sincerely,

Michelle Kutchesfahani
SENCo