

CHILDCARE

From Sept 2024 eligible working parents of children from 9 months old will be entitled to 15 hours of **FREE** childcare per week.

If you have a 2 yr old and receive benefits, you may be entitled up to 15hrs **FREE** childcare per week. Some working parents may also be eligible.

All parents with a 3 or 4 yr old are entitled to 15 hours **FREE** childcare per week. If you are a working parent, this can increase up to 30 hours **FREE** childcare per week.

Ask at your local Children's Centre for more information.

Together for Twos @ Storkway Crèche offers the FREE entitlement for 2 yr olds. **Vista Field Nursery** offers spaces for children aged 9mths –5yrs.

For details of fees please call on 020 3198 3156

HAVE YOUR SAY

Let us know how we can make our Children's Centres even **BETTER**. Please give us feedback on Social Media or use our comments boxes located in all of our receptions.

You could also email us, simply tell us in person what you have to say, or attend our Parent Voice Lunch (see next column).

TO FIND OUT MORE ABOUT ANY OF THE SERVICES WE DELIVER FOR YOU,
PLEASE GET IN TOUCH WITH YOUR LOCAL CHILDREN'S CENTRE



Alderwood Children's Centre
Rainham Close, SE9 2JH
020 8850 5927

Shooters Hill Children's Centre
398a Shooters Hill Road, SE18 4LP
020 8856 9388

Eltham Children's Centre
2 Archery Road, SE9 1HA
020 8859 1110

Storkway Children's Centre
Ridgebrook Road, SE3 9QX
020 8331 1970

Greenacres Children's Centre
Witherston Way, SE9 3JN
020 3196 2822

Vista Field Children's Centre
Middle Park Avenue, SE9 5SD
020 8859 1110



Part of the Greenwich
Family Hubs Network

Children Centres owned and supported by
the Royal Borough of Greenwich



SPECIAL EVENTS

All Children's Centre activities are for children who are under 5 and their parents/carers that live in Greenwich.

Older siblings are welcome during the holiday time and at Family Hub Open Days

Pamper Session

If you are a mum with a child up to the age of 2. Book yourself on our pamper event. Thursday 23 Jan and 13 Mar 10am-1pm @ Storkway Children's Centre.

Parent Voice Lunch

If you are an expectant parent or have a child up to the age of 2, please join us for lunch and help us shape our services.

11.30am-12.30pm 11 Feb @ Storkway Children's Centre

SPECIAL ACTIVITIES AT LEISURE CENTRES

Soft Play for children with additional needs @ Sutcliffe Park Sports Centre
Resumes 9 Jan, Thursdays 1-2pm . Term Time only. £3 per child

ADVICE & SUPPORT

Greenwich Domestic Violence Helpline

Open every day, 9am-8pm. Call 020 8317 8273.

Families Information Service - 020 8921 6921, FIS@royalgreenwich.gov.uk

Families Service Directory - Information for any service that your child will need 0-19 years of age familiesinformation.royalgreenwich.gov.uk

Health Visiting Service -0300 330 5777 bromh.greenwich0-4@nhs.net

FACEBOOK & INSTAGRAM

Join us on:

Facebook @southgreenwichchildrenscentres

Instagram @betterchildrenscentres_south

SERVICES EXPLAINED

Baby Massage

A course to learn massage techniques for babies aged 3months to crawling. It is especially good for relaxation of baby and bonding opportunities between carer and baby. Booking required. There is a contribution requested of either £8 or £20 depending on location.

Best Beginnings Midwife Clinic

For pregnant women who have been assigned a Midwife from the Best Beginnings Team.

Bouncing Babies

A 6-week course for babies aged 4months- 12months. You will learn how to share songs and signing gestures with your baby in a fun way. Booking required.

Bumps and Babies

Meet other parents, play and have fun with your pre-walking baby. Lots of activities to try out that will help with your baby's development, including lots of sensory play experience. Drop in. There is a contribution requested of £1

Blood Spots Clinic

This is for newborn babies. Invitation only .

Caring and Connections

Come along on a journaling journey with Colette, where you have the space to reflect and explore the emotional and physical changes you have experienced in parenthood. This workshop is for expectant mums and mums with children up to the age of 2 years old.

Childminders & Nannies Stay & Play

Are you a Childminder or Nanny and would like to attend a Stay & Play with other carers? Please come along with the children you care for and meet the friendly group for some fun and activities for your under 5s.

Cost of living shop

We offer preloved baby/child's clothes & equipment in quality condition that you can use by either re-donating your child's outgrown good quality items, or purchase with a donation. Cost of Living advice is also available. No need to book.

Councillor Rachel Taggart-Ryan Sessions

Get help and advice on all Council matters such as housing, social services, education, children's services, planning, waste disposal, parks, healthcare and parking. No appointment needed.

Dad's Space

Let's talk about men's mental health one walk at a time. This group is for expectant male parents or with under 5s. If you need a crèche space please book, otherwise just drop in. For more details, please call Scott on 07397 501110.

Early Communication Together

The Early Communication Together Team will provide support and guidance to families of children who have been identified by the Speech and Language team as likely to benefit from carefully planned speech enrichment activities. These sessions are by invitation only.

ESOL

English for Speakers of Other Languages. See the flyer for more details. Booking required. Term time only. FREE course, limited crèche spaces available.

Family Hub Drop-In

Come along and meet your local, friendly Families Information Officer who will be able to give you advice regarding Childcare funding, School applications, Early Years settings, General Childcare, Child and family related benefits and SEND Information.

Family Hub Stay & Play

Meet other families, play and have fun with your child/children. There will be lots of activities to try out that will help with your child's development. Drop in. There is a contribution requested of £1per family.

First Aid for Parents (Babies - 1 Year)

Non-accredited course to learn the basic techniques of First Aid for Babies 0-1 years
Booking required. There is a contribution requested of £2 .

First Aid for Parents (Under 5's)

Non-accredited course to learn the basic techniques of First Aid for 0-5's
Booking required. There is a contribution requested of £2 . Limited crèche spaces.

Freedom Programme

The Freedom Programme examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors. The aim is to help them to make sense of and understand what has happened to them, instead of the whole experience just feeling like a horrible mess. The Freedom Programme also describes in detail how children are affected by being exposed to this kind of abuse and very importantly how their lives are improved when the abuse is removed. Contact Sarah Morrissey 07816138571 for further details

Health Drop In Clinic

Drop in and speak to a friendly Health Visitor or Nursery Nurse and weigh your baby.

Health Visitors 10-12 Month Checks

When your child is 10-12 months old they will be invited for a check by your Health Visitor.

Health Visitors 2 Year Checks

When your child is 2yrs old they will be invited for a check by your Health Visitor.

SERVICES EXPLAINED

Infant Feeding

Drop in for support and advice from the Breastfeeding Advocates & Health Visitor & meet other parents in a supportive environment.

Maritime Midwife Team Clinic

Appointments with Midwives before and after the birth of your baby.

Mindful Mums

If you are pregnant or have a child up to the age of one and would like to meet other mums in a safe environment. This course can help you to build your confidence and create social connections with other mums.

Mindful Mums Stay & Play

Closed Drop-in play session for pregnant women and new mums living in the Greenwich borough. Safe space for Mums to discuss their experiences with parenthood or pregnancy.

Mums Aid Postnatal Counselling

Free postnatal counselling for mothers with a baby under 2 years old. For women experiencing emotional difficulties during pregnancy and after having a baby.

Self-referral via info@mums-aid.org

Pamper Event

For expectant parents and those with babies under 24 months of age. Booking needed.

Parent Voice Lunch

If you are an expectant parent or a parent of a child up to the age of 2 years old, please join us for Parent Voice Lunch and help us shape our services.

Perinatal Clinic

This clinic is for pregnant mothers or mothers in the first year following the birth of their child.

Invitation only.

Perinatal Counselling

Quaggy Counselling Service is offering six weeks of counselling to women, birthing people and their partners experiencing low to moderate mental health difficulties. In person, online and telephone counselling will be available. There is a fee of £2 per session. A professional can refer you or you can self-refer

via qccs@quaggychildrenscentre.org.uk

Primary School Application Advice Session

If you would like support in filling out your child's Primary School Application, then come along to the children's centre and meet with the friendly Family Information Service Team who will help you.

Roaming Advice Hub

For Greenwich residents needing support in managing finances, immigration, benefit entitlement or housing issues. Drop in or book to meet one of our friendly advisors.

SEND Soft Play Session

Fun for children with Special Educational Needs and Disabilities (SEND). If your child has SEND bring them and any siblings to meet other families with similar needs and have fun together at Soft Play, Sutcliffe Park Sports Centre. Reduced cost of £3 per child. Term Time

SEND Stay & Play

Fun for children with Special Educational Needs and Disabilities (SEND). If your child has SEND bring your child and any sibling to SEND Stay & Play to meet other families with similar needs and have fun together.

There will be activities to try that will help your child's development.

There is a contribution requested of £1. Drop in.

Small Talk

Come and join the friendly Speech and Language Team, to help support communication with your toddler. Booking required.

Stay & Play

Meet other parents, play and have fun with your child. There will be lots of activities to try that will help with your child's development. There is a contribution requested of £1 per family. If you are a Childminder or a Nanny, please note it is £1 per child. Drop in.

Solihull, Understanding Your Child

If you want to understand your child's behaviour, then this is the course for you. It is for any parent of children aged 6 months to 19 years. A 10-week course with the aim for parents' 'Understanding their child's behaviour'.

Thames Team Midwife Clinic

Appointments with Midwives before and after the birth of your baby.

Tiny Talk

Come along and meet the friendly Speech and Language Team, to help you support communication with your baby. Booking required,

Tots Talking

5 week training course to support parents/carers whose child needs extra help with their language. Lead Practitioner trained by Speech & Language therapists will teach you how to use activities and give ideas on how to support your child's communication. Booking required.

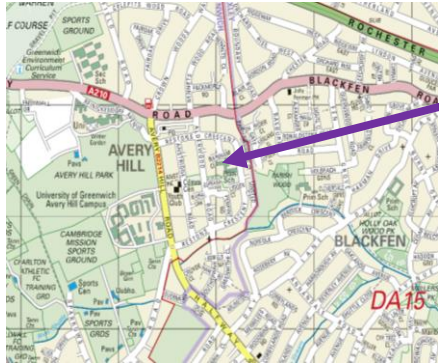
Warm Front Room

Would you like to use a welcoming space for an hour and half with your child? Please come along to a Welcome Front Room sessions and enjoy a hot drink and a slice of toast. Drop in.

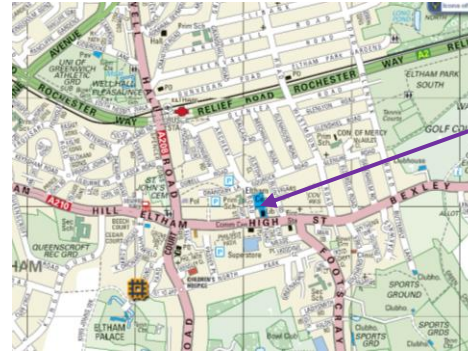
Young Mums Group

Come and meet other mums and share your experiences of being a parent. This is for parents who are up to the age of 21 years

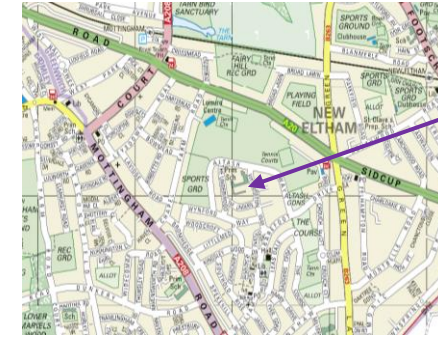
HOW TO FIND US



Alderwood Children's Centre
B15 bus stops on Riefield Road, then a 10 minute walk.



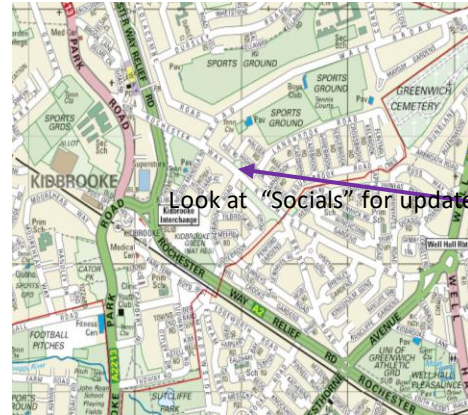
Eltham Children's Centre at The Eltham Centre
132, 162, 314, 161, 124, B14, B15 buses all stop nearby.



Greenacres Children's Centre
The 161 stops nearby.



Shooters Hill Children's Centre
486 & 89 Stop nearby.



Storkway Children's Centre
132 and 286 buses stop nearby.



Vista Field Children's Centre.
161 and 124 buses stop on Middle Park



Facebook

Important dates

Come and join us for a party on our Family Hub Open Day
Saturday 8 February 10am-1pm

Look at "Socials" for updates



Instagram