



To all parents

As your school is one of the 20 schools in Greenwich working together with Greenwich Parent Carer Forum, health and the Local Authority, we are inviting you to sign up for one, two or all the Webinars described below. Although these sessions are about ADHD and Autism, we welcome all parents to join one of our webinars. We have asked your school SENCO to send this information to all parents along with those who have a neurodiverse child or perhaps you are awaiting a assessment or just purely would like to know more about ADHD

The Partnership for Inclusion of Neurodiversity in schools project -PINS key objective is

**To Improve the Education Experience for Neurodiverse pupils in mainstream primary schools and to help them to fulfil their potential.**

This is a Partnership approach between ICB, local authorities, schools and parent carers to develop innovative ways to support the education and health needs of neurodiverse pupils. One year pilot running from September 24 to March 2025. This Program aims to reach 10% of primary schools in the country.

The focus is to provide **Support and Training** to mainstream **Primary Schools**, to help embed Neuro-affirmative approaches to learning and to upskill educators in providing early intervention. Project focuses mainly on enabling **Needs Led** support of neurodivergent children with or without a formal diagnosis.

➤ **Session 1 - Intro to ADHD**

**Wednesday 29th Jan 2025 7pm -9pm**

Click to register <https://www.eventbrite.co.uk/e/1147647948909?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_PnTXZoCSTe2erwPEoawXPQ](https://us02web.zoom.us/webinar/register/WN_PnTXZoCSTe2erwPEoawXPQ)

➤ **Session 2 - Intro to ADHD**

**Thursday 30th 10.30 - 12.30pm**

Click to register <https://www.eventbrite.co.uk/e/introduction-to-adhd-tickets-1148809984589?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_pl0F\\_5eMQP2F6UF3wwujJA](https://us02web.zoom.us/webinar/register/WN_pl0F_5eMQP2F6UF3wwujJA)



- Session 3 - **ADHD & Lifestyle** covering sleep, diet and eating challenges, importance of exercise and movement and benefits of medication.

**Wednesday 5th Feb 7-9pm**

Click to register <https://www.eventbrite.co.uk/e/1148811880259?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_bn\\_i\\_jvqS5u2QzwWsmA5-Q](https://us02web.zoom.us/webinar/register/WN_bn_i_jvqS5u2QzwWsmA5-Q)

- Session 4 - **ADHD & Lifestyle** covering sleep, diet and eating challenges, importance of exercise and movement and benefits of medication.

**Thursday 6th Feb 10.30-12.30pm**

Click to register <https://www.eventbrite.co.uk/e/1148814688659?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_NwVwtD0XRMmxe8YH5hJF5Q](https://us02web.zoom.us/webinar/register/WN_NwVwtD0XRMmxe8YH5hJF5Q)

- **Session 5 - ADHD and emotional regulation** covering what is emotional regulation, how dysregulation presents in children and young people with ADHD, strategies to help develop self-regulation

**Wednesday 12th Feb 7-9PM**

Click here to register <https://www.eventbrite.co.uk/e/1148818199159?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_z4HvIpzYQjS29hbWB9oXiQ](https://us02web.zoom.us/webinar/register/WN_z4HvIpzYQjS29hbWB9oXiQ)

Session 6 - **ADHD and emotional regulation** covering what is emotional regulation, how dysregulation presents in children and young people with ADHD, strategies to help develop self-regulation

- **Thursday 13th Feb 10.30-12.30PM**

Click here to register <https://www.eventbrite.co.uk/e/1148821639449?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_hpGIMq7gST6ecvUVelivYw](https://us02web.zoom.us/webinar/register/WN_hpGIMq7gST6ecvUVelivYw)



- **Session 7 - Friendships and relationships** covering the challenges experienced by children and young people with ADHD around making and maintaining friendships, and challenges within family relationships, ideas to promote the development of friendships and improve family relationships

Tuesday 25th Feb 7-9pm

Click here to register <https://www.eventbrite.co.uk/e/1148822742749?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_unPV8r7WQDq0RUxkzvThoA](https://us02web.zoom.us/webinar/register/WN_unPV8r7WQDq0RUxkzvThoA)

- **Session 8 - Friendships and relationships** covering the challenges experienced by children and young people with ADHD around making and maintaining friendships, and challenges within family relationships, ideas to promote the development of friendships and improve family relationships

**Wednesday 26 Feb 10.30-12.30pm**

Click here to register <https://www.eventbrite.co.uk/e/1148824477939?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_4ZkcqLfnSfKTeOA3Na4eUw](https://us02web.zoom.us/webinar/register/WN_4ZkcqLfnSfKTeOA3Na4eUw)

- **Session 9 – ADHD and Sensory Differences** covering the sensory systems and sensory processing, how sensory differences may present in children and young people with ADHD, the impact sensory differences may have on daily life, and strategies to support

**Wednesday 5th March 7-9pm**

Click here to register <https://www.eventbrite.co.uk/e/1151979815639?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_9gu84u3kQ6CmD9xwBn2HKQ](https://us02web.zoom.us/webinar/register/WN_9gu84u3kQ6CmD9xwBn2HKQ)

- **Session 10– ADHD and Sensory Differences** covering the sensory systems and sensory processing, how sensory differences may present in children and young people with ADHD, the impact sensory differences may have on daily life, and strategies to support

**Thursday 6th March 10.30-12.30pm**

Click here to register <https://www.eventbrite.co.uk/e/1152034960579?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_w5akP0ZiSK-Ow101Sl19Kw](https://us02web.zoom.us/webinar/register/WN_w5akP0ZiSK-Ow101Sl19Kw)



- **Session 11 – Introduction to autism** covering Autistic presentations and sensory sensitivities, Co-morbidity and complexity

**Monday 10th March 10.30-12.30pm**

Click here to register <https://www.eventbrite.co.uk/e/1152066324389?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_-hYv3FxxQDy7V3OFIMRbbw](https://us02web.zoom.us/webinar/register/WN_-hYv3FxxQDy7V3OFIMRbbw)

- **Session 12 – Introduction to autism** covering Autistic presentations and sensory sensitivities, Co-morbidity and complexity

**Thursday 13th March 7-9pm**

Click here to register <https://www.eventbrite.co.uk/e/1152172421729?aff=oddtcreator>

[https://us02web.zoom.us/webinar/register/WN\\_3wWh8N61RxWQEdmdjCkJjw](https://us02web.zoom.us/webinar/register/WN_3wWh8N61RxWQEdmdjCkJjw)

for any queries – email [carol.foyle@greenwichpcpf.org](mailto:carol.foyle@greenwichpcpf.org) or [Stella.abu@greenwichpcpf.org](mailto:Stella.abu@greenwichpcpf.org)